

When uncertainty hits home...

Relief is within your reach.

The COVID-19 pandemic has impacted thousands of Central Florida households, and Plaza Del Sol Mall wants to help by gathering some key resources for our residents. These can provide important information and valuable assistance for you and your family when you need them the most.

Resources for Central Florida Residents

- **CDC** (Center for Disease Control and Prevention) www.cdc.gov/coronavirus/2019-nCoV/index.html or call the Florida 24/7 COVID-19 call center at 1-866-779-6121.
- **AdventHealth** www.adventhealth.com/business/adventhealth-orlando-media-resources/news/adventhealth-coronavirus-update-testing-and Tel: 407-303-5950.
- **World Health Organization** www.who.int/health-topics/coronavirus#tab=tab_1
- **Reemployment Assistance (Unemployment) benefits.** These can be mailed in or filed online at www.floridajobs.org/, or for more information, call their Claims and Benefits line at 1-800-204-2418.
- **Health Insurance** To check if you qualify for health insurance under the ACA, Medicaid or CHIP visit www.healthcare.gov/ or call 1-800-318-2596. For children up to 18 years of age, check www.floridakidcare.org/ or call 1-888-540-KIDS (5437).
- **Child care cost assistance for emergency personnel.** Available through Florida 4C at <https://4cflorida.org/child-care-for-first-responders-and-health-care-workers/> Tel: 407-532-4192 (Orange County); 321-219-6300 (Osceola County).
- **Federal Economic Impact Payments** Check if you qualify for an Economic Impact Payment at www.irs.gov.
- **United Way 211** Contact 2-11 for financial assistance, health programs, crisis support and others. Dial 2-1-1 or 888-370-7188 or text your zip code to 898-211.
- **CareerSource Central Florida** Resources for reemployment, unemployment filings, job fairs, and more. www.careersourcecentralflorida.com/
- **Florida Department of Children and Families (DCF)** Services include Food Assistance (SNAP), Temporary Cash Assistance (TANF), and Medicaid. www.myflfamilies.com/service-programs/access/ Tel: 1-866-762-2237 or 850-300-4323.
- **The Substance Abuse and Mental Health Services Administration Distress Helpline** Connect with a trained crisis counselor 24/7 at 1-800-985-5990 (press "2" for Spanish), or text TalkWithUs to 66746. www.samhsa.gov/find-help/disaster-distress-helpline
- **Meals of Love** Delivers restaurant-prepared meals to seniors and disabled adults. Visit www.mealsoflove.org Tel: 321-360-6315, 321-253-4430 ext. 104 (Español).
- Find **pantries** in your community that are open during this crisis. Visit Second Harvest Food Bank's online food locator at www.feedhopenow.org/site/SPageServer/?pagename=need_food. Tel: 407-295-1066.

Resources for Osceola County Residents

- **The Osceola Council on Aging.** For Adult Day Care, Building Strong Families (Energy Assistance), Weatherization, In-Home Services and Nutrition programs, Meals on Wheels, and a Drive-Thru Food Pantry, visit www.osceolagenerations.org/. Tel: 407-846-8532.
- **Osceola County School District's School Nutrition Services Department** Offering FREE breakfast and lunch to children 18 years and under. www.osceolaschools.net/coronavirus_information. Tel: 407-870-4600.

Resources for Orange County Residents

- **Seniors First, Inc.** Provides direct service and programs for the elderly. www.seniorsfirstinc.org/. Tel: 407-292-0177.
- **Orange County Public School Grab-and-Go meals** www.ocps.net/departments/food_and_nutrition_services/grab-and-go_meals. Tel: 407-317-3200.



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